

PRESS CLIPPING REPORT

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Winter Bereavement Groups

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UHR offering winter session bereavement groups

NEW CITY—United Hospice of Rockland (UHR), offers a variety of support groups for those who are experiencing the grief that results from loss. UHR bereavement groups focus on working through the intense feelings that accompany the death of a loved one, to learn about loss and the grieving process and to offer and receive support and understanding.

UHR support groups and bereavement programs are held in the Provident Bank Hope & Healing Center, 11 Stokum Lane (off South Main Street), New City and are supported in part by The Jeffrey David Waterstein Fund for Bereavement. The following groups are eight consecutive weeks and all participants MUST pre-register by calling United Hospice at 845.634-4974.

• Spouse loss groups for those who have had a loss of a spouse or significant other, the groups will begin:

Monday, January 21 from 11:00 A.M. to 12:30 P.M.

Monday, January 21 from 6:30 P.M. to 8:00 P.M.

• Parent/Sibling Loss Group: For those who have had a loss of a parent or sibling, the group will begin:

Tuesday, January 22 from 6:30 P.M. to 8:00 P.M.

The following groups are available on an ongoing basis and require no registration:

• UHR Child Loss Group meets the 3rd Thursday and the 1st Wednesday of the month 6:30 to 8 P.M.

• The Stepping Out Group (for those who have attended a bereavement group and would like to socialize with others in a similar situation) will meet on the second Friday of the month from 7 PM to 10 PM.

Healing Hearts for children 3½ to 18 and their surviving parent or guardian meets on the first and third Wednesday of the month and a second group has formed meeting the second and fourth Wednesdays of the month. Both groups meet from 5:30 P.M. to 7:30 P.M. on an ongoing basis during the school calendar year. A light dinner is provided. An intake interview is required and prospective participants must call for a registration packet. Healing Hearts is funded in part by the Wireless Zone® for Giving. There is no fee for this program. All groups are free of charge for hospice families. A non refundable \$100 fee is required of participants in the eight-week groups. However no one is turned away be-

cause of an inability to pay. There is no fee for groups for children or child loss. Contact Eileen Schmidt at 634-4974 to register or to get more information. United Hospice of Rockland (UHR) serves as a community resource for bereavement support, palliative care, and information about end of life issues, leading the health and human services community in improving the provision of care to those affected by serious illness. Founded in 1988, United Hospice of Rockland is accredited by the Joint Commission on Accreditation of Healthcare Organizations and meets the Standards for Charity Accountability of the Better Business Bureau, Inc. UHR's mission is to enable patients with advanced illnesses to live in comfort, with dignity, and surrounded by those they love. UHR provides care, comfort and improved quality of life to individuals and their families and offers compassionate support to members of the community who have experienced the loss of a loved one. For more information, call 845.634-4974, write to United Hospice of Rockland, 11 Stokum Lane, New City, NY 10956, visit www.hospiceofrockland.org or fax to 845.634-7549.