

Healing Hearts Program

Children & Family Bereavement



living understanding listening
talking helping healing
learning living listening
sharing talking helping
healing learning understanding
helping sharing talking
listening healing living
understanding sharing



*The Hope and Healing Program is supported
in part by The Jeffrey David Walerstein Foundation*



To learn more about our services
please call 845-634-4974.

11 Stokum Lane, New City, NY 10956

Fax: 845-634-7549

e-mail: info@hospiceofrockland.org

Visit our website at www.hospiceofrockland.org

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At United Hospice of Rockland's
Provident Bank Hope and Healing Center



Healing Hearts Program

If you lost a loved one, you are not alone.

Though a difficult process, grieving is a healthy and normal response to any loss. Grieving is a process of healing, as well as a means through which you can build a bridge between the past and the future. Healing Hearts will provide children and adults with the support that can give you the strength to help you resume a healthy and full life as you work through your grief. We are a community of caring people that warmly welcomes you into our home to share, to feel, and to find hope and healing.

Our Philosophy

Healing Hearts is founded on the belief that every child deserves the opportunity to grieve in a supportive and understanding environment. Based on these beliefs we know that:

- Grief is a natural reaction to loss of a loved one for children.
- Within each child is the natural ability to heal oneself.
- The duration and intensity of grief are unique for each child.
- Caring and acceptance assist in the healing process



United Hospice of Rockland specializes in bereavement support. Our Healing Hearts Program is one of the only places where you will find specially trained staff and volunteers who have a unique expertise in all aspects of bereavement. We have a profound understanding of what it is like to endure a loss.

Healing Hearts offers bereavement support to children (ages four to eighteen) and their surviving parent or guardian who have lost a loved one. Healing Hearts meets on a regular basis throughout the school year. Families may enter or leave the program at any time. At each session, families meet together for a light dinner. Children are then divided into age appropriate groups while adults meet together. Children participate in special activities including art, play and music therapies. Parents (or guardians) receive the support they need, as well as practical guidance to address the needs of their children. All families come together at the end for a closing ceremony.

This program relies on the generosity and support of the community for its financial support. Contributions to United Hospice of Rockland are welcome and appreciated.